

Local Information – Halberton Parish

Contacts

Willand Pharmacy	01884 32604
NHS Direct	111
NHS Website	www.nhs.uk
Age (Concern) UK	0800 6781602
Samaritans	116 123
Mid-Devon Mobility	01884 242099

Food shops

Co-op Food Store	*see note below	01884 456789
Halberton Court Farm	Delivery + Card	01884 821741
Veyseys Butchers	Delivery + Card	01884 33442
Kellands Fruit & Veg	Delivery + Transfer	07483 277090
Tesco Click & Collect / Delivery		tesco.com/groceries
J & R Food Services	Delivery + Card	01392 445510

Churches

St. Andrew's Church, Rev. Glyn Lewry	01884 829356
Methodist Church, Rev. Paul Booth	01884 32679
R C Church, Canon Kristian Paver	01884 252292
Quakers, John Bell	07580 958275

Food Banks

CHAT Tiverton	01884 255606
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* **Note:** Co-op Willand currently offer special opening hours for those self-isolating due to age or medical condition. Tuesdays and Thursdays 6-7am.

What can we do?

- If you are fit, volunteer to look out for your neighbours
- Help people who live near you
- People who are self-isolating, unwell or less fit may need shopping or simple tasks that do not require direct contact
- Make time for a chat or phone call
- Avoid physical contact, wash your hands regularly, follow the latest medical advice

I am self-isolating and need help

- These forms are being handed out to assist volunteers
- If someone offers you help, make sure that they are a trusted person in your local community
- Keep yourself fit with exercise, eat healthy food, read, study, chat by phone or by video

HELLO! If you are self-isolating, I can help.

My name is
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I live locally at
.....

My phone number is
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If you are self-isolating due to COVID-19 I can help with:

<input type="checkbox"/> Picking up shopping	<input type="checkbox"/> Posting mail
<input type="checkbox"/> A friendly phone call	<input type="checkbox"/> Urgent supplies

Just call or text me and I'll do my best to help you (for free!)

Coronavirus is contagious. Please take every precaution to ensure you are spreading only kindness. Avoid physical contact (2m distance). Wash your hands regularly. Items should be left on your doorstep.

#ViralKindness